

第一部分：翻译预测样题与参考译文

预测样题 1：人工智能伦理

原文：人工智能的飞速发展引发了深刻的伦理讨论。其中一个核心关切是算法偏见，即算法可能无意中放大社会中已有的歧视，例如在招聘或信贷审批中。解决这一问题需要技术开发者、政策制定者和公众的共同努力，确保 AI 技术的开发与应用公平、透明且可问责。

参考译文：The rapid development of Artificial Intelligence has sparked profound ethical discussions. A core concern is algorithmic bias, where algorithms may unintentionally amplify existing discrimination in society, such as in recruitment or credit approval. Addressing this issue requires the joint efforts of technology developers, policymakers, and the public to ensure the development and application of AI are fair, transparent, and accountable.

预测样题 2：乡村生态旅游

原文：近年来，乡村生态旅游在中国许多地方兴起，成为乡村振兴的新动力。游客们不仅可以体验田园风光和农家生活，还能参与采摘、手工制作等活动。这种模式不仅增加了农民收入，保护了当地环境与传统民俗，也促进了城乡之间的文化交流。

参考译文：In recent years, rural ecotourism has emerged in many parts of China, becoming a new driving force for rural revitalization. Tourists can not only experience pastoral scenery and farm life but also participate in activities like fruit picking and handicrafts. This model not only increases farmers' income and protects the local environment and folk traditions but also promotes cultural exchange between urban and rural areas.

预测样题 3：数字人民币

原文：数字人民币是中国央行发行的法定数字货币，旨在部分替代流通中的现金。它与电子支付不同，具有法定偿付能力，且支持离线交易，能更好地保障用户隐私。其推广将有助于提升支付系统的效率，降低交易成本，并对金融体系的现代化产生深远影响。

参考译文：The Digital Yuan is a legal digital currency issued by China's central bank, aimed at partially replacing cash in circulation. Unlike electronic payments, it has legal tender status and supports offline transactions, which can better protect user privacy. Its promotion will help enhance the efficiency of the payment system, reduce transaction costs, and exert a profound impact on the modernization of the financial system.

预测样题 4：非物质文化遗产保护

原文：皮影戏是一种古老的中国民间艺术，表演者用皮革制成的影偶，在灯光照射的幕布后演绎故事。随着娱乐方式的多样化，皮影戏面临着观众流失的挑战。然而，通过将其与动画技术结合，并开发相关文创产品，这项古老的艺术正吸引着新一代年轻人的兴趣。

参考译文：Shadow puppetry is an ancient Chinese folk art where performers use leather-made

puppets to tell stories behind a lit screen. With the diversification of entertainment options, it faces the challenge of a shrinking audience. However, by integrating it with animation technology and developing related cultural and creative products, this ancient art is attracting interest from a new generation of young people.

预测样题 5: 全民健身

原文: 为提升国民健康水平, 中国政府大力推广全民健身计划。城市中, 公园和社区免费健身设施日益普及; 乡村里, 篮球场和健身路径也逐步完善。此外, 线上健身课程和运动类手机应用的流行, 使得人们可以随时随地锻炼, 健身已成为许多人日常生活的重要组成部分。

参考译文: To improve national health, the Chinese government has vigorously promoted the National Fitness Program. In cities, free fitness facilities in parks and communities are increasingly common, while in the countryside, basketball courts and fitness trails are also being improved. Moreover, the popularity of online fitness courses and sports apps makes it possible for people to exercise anytime and anywhere, making fitness an important part of daily life for many.

第二部分: 作文预测样题与参考范文

预测样题 1: 观点对比型 (University Education: Career vs. Cultivation)

参考范文:

The debate over the primary purpose of university education is perennial. While some view it as a direct pathway to a lucrative career, others champion its role in fostering well-rounded, critical thinkers. I contend that these objectives are not mutually exclusive; rather, the true value of higher education lies in its ability to integrate practical career preparation with holistic personal development.

Undeniably, preparing students for future careers is a fundamental mission of universities. In an increasingly competitive global job market, graduates need specialized knowledge and professional skills to secure employment and contribute meaningfully to the economy. Universities, by offering various majors and internship opportunities, equip students with the tools to navigate their chosen fields successfully. This practical dimension fulfills both individual aspirations for stability and society's demand for skilled professionals.

However, reducing education to mere vocational training is shortsighted. The ultimate goal of education is to cultivate informed, adaptable, and ethical citizens. Courses in philosophy, arts, and sciences broaden students' horizons, nurture critical thinking, and instill a sense of social responsibility. These qualities are indispensable for long-term career success in a volatile world and for addressing complex societal challenges. A professional who lacks a broader perspective may excel technically but contribute little to innovation or ethical leadership.

In conclusion, an ideal university education should strike a balance. It must provide the professional competence required for immediate career entry while simultaneously cultivating the intellectual depth and moral compass needed for lifelong growth and societal contribution. Only by embracing this dual mission can universities truly empower individuals and serve the greater good.

预测样题 2: 现象解释型 (Sharing Personal Lives on Social Media)

参考范文:

In the digital age, it has become commonplace for young people to meticulously document and share their daily lives online, from gourmet meals to travel adventures. This phenomenon can be attributed to a combination of psychological needs and the influence of social media platforms themselves.

Psychologically, sharing serves multiple purposes. Primarily, it fulfills a deep-seated desire for social validation and belonging. Likes, comments, and shares act as positive reinforcement, boosting self-esteem and creating a sense of connection. Furthermore, social media profiles have become a canvas for digital self-presentation, allowing individuals to curate an idealized identity and manage how they are perceived by peers. Documenting achievements and experiences also serves as a personal digital archive, reinforcing one's own life narrative.

From a technical and social perspective, platform design actively encourages this behavior. Features like "stories" and easy-upload interfaces lower the barrier to sharing. Algorithms prioritize content that generates engagement, creating a cycle where personal updates gain visibility. Moreover, in an era of FOMO (Fear of Missing Out), constant sharing and checking become a norm to stay socially relevant and informed about one's circle.

While this trend facilitates connection and self-expression, excessive sharing may blur the line between public and private life. Ultimately, the drive to share online is a modern fusion of innate social behavior and technology-facilitated communication. Understanding these reasons helps us navigate social media more consciously, leveraging its benefits while maintaining a healthy offline identity.

预测样题 3: 问题解决型 (Aging Population)

参考范文:

The global trend of population aging presents profound challenges to societies worldwide, and China is no exception. Addressing the implications of this demographic shift requires proactive and comprehensive strategies.

The challenges are multifaceted. Firstly, a shrinking working-age population strains public pension systems, potentially leading to financial shortfalls. Secondly, key sectors may face labor shortages, impacting economic productivity. The most pressing issue is the surging demand for healthcare and elderly care services, which tests the capacity and affordability of existing systems. These factors combined could slow economic growth and increase the burden on younger generations.

To tackle these issues, a multi-pronged approach is essential. On the policy front, gradually raising the retirement age can help retain experienced workers and alleviate pension pressure. Economically, nurturing the "silver industry" —including healthcare, leisure, and smart home services for the elderly— can turn a challenge into a new economic driver. Technologically, promoting "smart elderly care" through health-monitoring devices and community-based platforms can improve care efficiency and quality of life. Crucially, reforming the healthcare system to be more prevention-oriented and community-based is vital.

In conclusion, the aging population is a test for social sustainability. By implementing policy innovations, fostering related industries, and leveraging technology, societies can transform this

challenge into an opportunity for building a more inclusive and resilient future, ensuring dignity and well-being for all ages.

预测样题 4: 谚语格言型 (“Silence is Golden”)

参考范文:

The proverb “Silence is Golden” extols the virtue of restraint in speech. In today’s noisy world, where opinions are abundant and haste is common, this wisdom holds significant relevance, yet its application must be discerning rather than absolute.

Indeed, silence is precious in many contexts. It can be a powerful tool for maintaining harmony and demonstrating respect. In heated arguments, choosing silence over a hurtful retort can prevent irreparable damage to relationships. As a listener, attentive silence shows respect for the speaker and allows for deeper understanding. In moments of grief or joy, silent presence can be more comforting or profound than any words. Furthermore, silence provides the mental space necessary for reflection and sound judgment, embodying the idea of “thinking before you speak.”

However, elevating silence as an unconditional virtue can be problematic. When confronted with injustice, corruption, or misinformation, responsible citizens have a moral obligation to speak up. Collective progress often depends on courageous voices challenging the status quo. In collaborative environments like workplaces or teams, excessive silence can hinder the exchange of ideas, innovation, and problem-solving. Personal relationships also suffer when issues are consistently met with silence instead of constructive communication.

Therefore, the true wisdom lies not in universally preferring silence, but in cultivating the judgment to know when to speak and when to remain silent. Silence is golden when it preserves peace, shows respect, or allows for reflection. But the courage to use one’s voice ethically and effectively is equally valuable for justice, progress, and genuine connection. The golden mean is in mastering both.

预测样题 5: 图画/现象评析型 (Phubbing at Gatherings)

参考范文:

The provided picture depicts a ironic yet familiar scene: a group of friends or family sitting together for a meal, but instead of engaging in conversation, each person is intently focused on their smartphone. This image serves as a poignant critique of how digital devices are encroaching upon our real-world social interactions.

The implied meaning of this picture is profound. It highlights the phenomenon of “phubbing” (phone-snubbing), where the virtual world trumps physical presence. While technology promises greater connectivity, its overuse in social settings can lead to increased alienation and a degradation of the quality of face-to-face communication. The shared experience of a meal—a traditional bonding ritual—is fractured by individual immersion in separate digital bubbles. This behavior signals a prioritization of online connections over the immediate, tangible relationships, potentially eroding empathy and deepening a sense of loneliness even in company.

Several factors contribute to this trend. Smartphones are designed to be highly engaging, with constant notifications that fragment our attention. Social anxiety sometimes makes the phone a

convenient shield to avoid awkward silences. To counteract this, we must be intentional. Setting “phone-free” zones or times during gatherings, actively practicing listening, and cultivating the enjoyment of undivided attention are crucial steps.

In conclusion, the picture is a wake-up call. It reminds us that while digital tools are invaluable, they should not dominate the spaces reserved for human bonding. True connection requires us to look up from our screens, listen with empathy, and rediscover the irreplaceable value of being fully present with one another.