

- 2025 年 12 月六级翻译预测包括中国茶文化、人工智能发展、新能源汽车等 10 个主题。

- 2025 年 12 月六级作文预测包括 AI 对传统文化传承的影响、数字阅读与传统阅读的比较、乡村振兴的重要性等 10 个主题。

2025 年 12 月六级翻译预测 10 份

1. 中国茶文化

中国茶文化历史悠久，可追溯至五千年前。相传神农氏尝百草时发现了茶的药用价值，后逐渐发展为日常饮品。唐代陆羽所著《茶经》奠定了中国茶道基础，使茶文化系统化、规范化。如今，中国茶叶种类丰富，包括绿茶、红茶、乌龙茶等六大类，每种茶都有独特的制作工艺和品饮方式。茶文化不仅是中国传统文化的重要组成部分，更已传播至全球，成为中外文化交流的纽带。

参考译文：

Chinese tea culture has a long history dating back to 5,000 years ago. It is said that Shennong, the legendary ruler, discovered tea's medicinal value while tasting herbs, and it gradually evolved into a daily beverage. The "Classic of Tea" (Chajing) written by Lu Yu in the Tang Dynasty established the foundation of Chinese tea ceremony, making tea culture systematic and standardized. Today, China boasts a rich variety of teas, including the six major categories: green tea, black tea, oolong tea, etc., each with its unique processing techniques and drinking methods. Tea culture is not only an important part of traditional Chinese culture but has also spread globally, serving as a bridge for cultural exchange between China and the world.

2. 人工智能发展

人工智能(AI)指模拟人类智能的计算机系统，近年来在中国快速发展。通过深度学习和数据分析，AI已应用于医疗诊断、自动驾驶、智能客服等领域。中国政府将AI列为国家战略，2023年发布的《新一代人工智能发展规划》旨在使中国成为全球AI创新中心。目前，中国在图像识别、自然语言处理等领域已处于世界领先地位，AI产业规模突破万亿元，为经济高质量发展注入新动能。

参考译文：

Artificial Intelligence (AI) refers to computer systems that simulate human intelligence, which has developed rapidly in China in recent years. Through deep learning and data analysis, AI has been applied in fields such as medical diagnosis, autonomous driving, and intelligent customer service. The Chinese government has listed AI as a national-level

strategy, and the "New Generation Artificial Intelligence Development Plan" released in 2023 aims to make China a global AI innovation center. At present, China has taken a leading position globally in fields like image recognition and natural language processing. The AI industry has reached a scale of over one trillion yuan, injecting new momentum into high-quality economic development.

3. 新能源汽车

新能源汽车作为中国战略性新兴产业，正以前所未有的速度改变全球交通格局。截至2024年底，中国新能源汽车保有量超1500万辆，占全球总量的60%。政府通过补贴政策、充电基础设施建设等措施大力扶持产业发展。比亚迪、蔚来等本土品牌凭借技术创新和性价比优势，在国内外市场与传统车企展开激烈竞争。新能源汽车的发展不仅推动能源转型，也为中国汽车工业实现“弯道超车”提供了历史性机遇。

参考译文：

As a strategic emerging industry in China, new energy vehicles (NEVs) are transforming the global transportation landscape at an unprecedented pace. By the end of 2024, China's NEV ownership exceeded 15 million units, accounting for 60% of the global total. The government has strongly supported the industry through subsidy policies and the construction of charging infrastructure. Domestic brands like BYD and NIO, leveraging technological innovation and cost-performance advantages, are competing fiercely with traditional automakers in both domestic and international markets. The development of NEVs not only promotes energy transformation but also provides a historic opportunity for China's automotive industry to achieve "overtaking on a curve."

4. 乡村振兴战略

乡村振兴战略是中国解决“三农”问题的重要举措，旨在实现农业强、农村美、农民富的目标。近年来，各地因地制宜发展特色农业，如云南普洱茶、赣南脐橙等产业集群，带动农民增收致富。农村电商覆盖率达90%，农产品线上销售额突破万亿元，有效缩小了城乡收入差距。同时，政府加大农村基础设施和公共服务投入，改善人居环境，保护传统文化，促进城乡融合发展，为实现共同富裕奠定坚实基础。

参考译文：

The rural revitalization strategy is an important initiative for China to address the "three rural issues" (agriculture, rural areas, and farmers), aiming to achieve strong agriculture, beautiful countryside, and prosperous farmers. In recent years, localities have developed characteristic agriculture according to local conditions, such as Yunnan Pu'er tea and Gannan navel orange industrial clusters, driving farmers' income growth. Rural e-commerce coverage has reached 90%, with online agricultural product sales exceeding one trillion yuan, effectively narrowing the urban-rural income gap. At the same time, the government has increased investment in rural infrastructure and public services, improved living environments, protected traditional culture, and promoted urban-rural integration, laying a solid foundation for achieving common prosperity.

5. 碳中和目标

碳中和指的是人类活动产生的二氧化碳排放量与吸收量相等，实现净零排放。作为应对全球气候变化的重要举措，中国承诺 2060 年前实现碳中和目标，并已采取一系列措施：大力发展太阳能、风能等清洁能源，减少化石燃料依赖；推广新能源汽车，优化交通领域碳排放；实施碳达峰行动，推动产业绿色转型；加强森林碳汇，提升生态系统固碳能力。这些举措不仅助力全球气候治理，也为中国经济高质量发展开辟了新路径。

参考译文：

Carbon neutrality refers to the state where carbon dioxide emissions from human activities equal carbon absorption, achieving net zero emissions. As an important measure to address global climate change, China has pledged to achieve carbon neutrality by 2060 and has taken a series of actions: vigorously developing clean energy such as solar and wind power to reduce fossil fuel dependence; promoting new energy vehicles to optimize carbon emissions in transportation; implementing carbon peak actions to drive green industrial transformation; and strengthening forest carbon sinks to enhance the carbon sequestration capacity of ecosystems. These measures not only contribute to global climate governance but also open up new paths for China's high-quality economic development.

6. 传统节日传承

中国传统节日如春节、端午节、中秋节等承载着丰富的文化内涵，是中华文明的重要组成部分。近年来，随着城市化进程加快和西方文化影响，一些传统节日习俗有所淡化。为此，政府和社会各界积极开展传统文化保护活动，如举办非遗展演、传统习俗体验等，增强民众特别是青少年对传统文化的认同感。数字化技术也为传统节日注入新活力，如线上庙会、云祭祖等创新形式，使传统文化在现代社会焕发新彩。

参考译文：

Traditional Chinese festivals such as Spring Festival, Dragon Boat Festival, and Mid-Autumn Festival carry rich cultural connotations and are important components of Chinese civilization. In recent years, with the acceleration of urbanization and the influence of Western culture, some traditional festival customs have been diluted. Therefore, the government and various sectors of society have actively carried out traditional culture protection activities, such as hosting intangible cultural heritage exhibitions and traditional custom experiences, to enhance people's, especially young people's, sense of identity with traditional culture. Digital technology has also injected new vitality into traditional festivals, with innovative forms like online temple fairs and cloud ancestor worship, making traditional culture radiate new splendor in modern society.

7. 数字经济

数字经济是中国高质量发展的新引擎，截至 2024 年规模已超 60 万亿元，占 GDP 比重

达 45%。人工智能、大数据、云计算等新技术与实体经济深度融合，催生了智能制造、数字文创、远程医疗等新业态。数字支付普及率达 90%以上，电商平台交易额突破 20 万亿元，跨境电商出口增长 25%，显著提升了经济效率和国际竞争力。政府实施"数字中国"战略，加强 5G 网络、数据中心等新型基础设施建设，为数字经济发展提供坚实支撑。

参考译文：

The digital economy is a new engine for China's high-quality development, with a scale exceeding 60 trillion yuan by 2024, accounting for 45% of GDP. New technologies such as artificial intelligence, big data, and cloud computing have deeply integrated with the real economy, giving birth to new business forms like smart manufacturing, digital cultural creativity, and telemedicine. Digital payment penetration has reached over 90%, e-commerce platform transactions have exceeded 20 trillion yuan, and cross-border e-commerce exports have increased by 25%, significantly improving economic efficiency and international competitiveness. The government has implemented the "Digital China" strategy, strengthening the construction of new infrastructure such as 5G networks and data centers, providing solid support for digital economy development.

8. 非物质文化遗产保护

中国非物质文化遗产(非遗)种类繁多，包括京剧、书法、剪纸、太极拳等，是中华文明的瑰宝。近年来，中国政府高度重视非遗保护工作，已建立国家、省、市、县四级保护体系，截至 2024 年，共有 43 个项目入选联合国教科文组织非遗名录，位居世界第一。通过非遗进校园、传承人培养、数字化保护等措施，传统文化得到有效传承与创新。非遗保护不仅守护了民族文化根脉，也为文旅融合发展提供了丰富资源，促进了文化自信和文化软实力提升。

参考译文：

China's intangible cultural heritage (ICH) is diverse, including Peking Opera, calligraphy, paper-cutting, Tai Chi, etc., which are treasures of Chinese civilization. In recent years, the Chinese government has attached great importance to ICH protection, establishing a national, provincial, municipal, and county-level protection system. By 2024, 43 projects had been inscribed on UNESCO's ICH list, ranking first in the world. Through measures such as ICH in schools, inheritor training, and digital protection, traditional culture has been effectively preserved and innovatively developed. ICH protection not only safeguards the cultural roots of the nation but also provides rich resources for cultural and tourism integration, promoting cultural confidence and enhancing cultural soft power.

9. 线上教育发展

线上教育近年来迎来爆发式增长，特别是在疫情期间发挥了重要作用。截至 2024 年，中国在线教育用户规模达 4 亿，各类平台提供从基础教育到高等教育、职业培训等多元化课程。人工智能、虚拟现实等技术的应用，使学习体验更加个性化、互动化。线

上教育打破了时空限制，促进了教育资源均衡分配，为终身学习提供了新途径。然而，也面临着教学质量监管、师生互动不足等挑战，需要进一步完善。

参考译文：

Online education has experienced explosive growth in recent years, especially playing an important role during the pandemic. By 2024, China's online education user base reached 400 million, with various platforms offering diverse courses from basic education to higher education and vocational training. Applications of artificial intelligence and virtual reality technologies have made learning experiences more personalized and interactive. Online education breaks through time and space limitations, promotes balanced distribution of educational resources, and provides new approaches for lifelong learning. However, it also faces challenges such as teaching quality supervision and insufficient teacher-student interaction, which need further improvement.

10. 桂林山水

"桂林山水甲天下"是中国人对桂林自然风光的美誉。桂林以"山青、水秀、洞奇、石美"闻名，漓江穿城而过，两岸山峰如刀削斧凿，倒映在清澈江水中，形成"舟行碧波上，人在画中游"的意境。近年来，桂林依托独特的自然资源发展生态旅游，打造世界级旅游目的地。2023年接待游客超8000万人次，旅游收入突破千亿元，实现了生态保护与经济发展的双赢，为中国山水旅游开发提供了成功典范。

参考译文：

"Guilin's landscape is the best under heaven" is a Chinese saying praising the natural beauty of Guilin. Guilin is famous for its "green mountains, clear waters, peculiar caves, and beautiful rocks." The Li River winds through the city, with peaks on both banks that look as if carved by axes, reflecting in the clear water, creating a poetic scene where "boats sail on blue waves and people seem to travel in paintings." In recent years, Guilin has leveraged its unique natural resources to develop eco-tourism and build a world-class tourist destination. In 2023, it received over 80 million tourists and generated tourism revenue exceeding 100 billion yuan, achieving a win-win outcome for ecological protection and economic development, and providing a successful model for China's landscape tourism development.

2025年12月六级作文预测10份

1. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Impact of AI on Traditional Culture Inheritance". You should write at least 150 words but no more than 200 words.

范文：

The Impact of AI on Traditional Culture Inheritance

AI technology is bringing profound changes to traditional culture inheritance. On one hand, AI enhances preservation efficiency by digitizing cultural relics and intangible heritage, making them accessible to a wider audience. AI-powered translation tools break language barriers, helping spread traditional Chinese culture globally.

On the other hand, some argue that AI threatens authenticity and human creativity. When AI generates traditional artworks like poems or paintings, it may undermine the unique value of human craftsmanship. The emotional depth and cultural context behind traditional creation might be lost in algorithmic reproduction.

In my view, a balanced approach is needed. We should leverage AI as a powerful tool to protect and promote traditional culture while preserving the irreplaceable human touch in cultural creation. Only by combining the best of both worlds can we ensure the sustainable inheritance of our cultural treasures.

2. Directions: For this part, you are allowed 30 minutes to write an essay on the topic "My Views on Digital Reading vs. Traditional Reading". You should write at least 150 words but no more than 200 words.

范文:

My Views on Digital Reading vs. Traditional Reading

The debate between digital reading and traditional reading has intensified with the development of technology. Digital reading offers unprecedented convenience with portable devices and vast online libraries. It allows quick information retrieval and customization, making learning more efficient.

However, traditional reading provides unique benefits that digital formats cannot fully replicate. The tactile experience of turning pages, the concentration fostered by uninterrupted reading, and the deeper comprehension of complex texts are advantages of print books. Moreover, traditional reading is less prone to distractions from notifications and hyperlinks.

I believe both forms have their place. Digital reading is ideal for casual browsing and information acquisition, while traditional reading is better for immersive learning and literary appreciation. Rather than choosing one over the other, we should integrate both into our reading habits to maximize their respective benefits.

3. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Importance of Rural Revitalization for China's Future". You should write at least 150 words but no more than 200 words.

范文:

The Importance of Rural Revitalization for China's Future

Rural revitalization is crucial for China's sustainable development and common prosperity goals. As the foundation of our national economy, rural areas need to keep pace with urban development to prevent widening disparities.

First, rural revitalization drives economic growth by developing specialty agriculture and rural tourism, creating new employment opportunities and increasing farmers' incomes. Second, it preserves China's rich rural culture and traditions, maintaining our national identity in the process of modernization. Third, it promotes ecological civilization by balancing development with environmental protection.

Moreover, rural revitalization is essential for food security and the healthy development of the next generation, as it provides better education and living conditions in rural areas.

To achieve these goals, a comprehensive approach is needed, combining policy support, technological innovation, and social participation to build a harmonious rural-urban relationship and create a brighter future for all Chinese people.

4. Directions: For this part, you are allowed 30 minutes to write an essay titled "College Students and Career Planning: Challenges and Strategies". You should write at least 150 words but no more than 200 words.

范文:

College Students and Career Planning: Challenges and Strategies

Career planning has become increasingly important yet challenging for contemporary college students. The rapid changes in the job market, technological advancements, and fierce competition make it difficult to predict future career paths.

Many students face obstacles like unclear career goals, insufficient self-awareness, and lack of practical experience. Some rely too heavily on academic performance while neglecting essential soft skills and industry knowledge.

To overcome these challenges, students should start early by exploring various disciplines and interests. They should develop critical thinking, communication skills, and adaptability - qualities valued in any profession. Internships and part-time jobs provide valuable real-world insights and help build professional networks.

Additionally, seeking guidance from career advisors and industry professionals can provide clarity and direction. By taking a proactive approach to career planning, students can better navigate the complex job market and position themselves for long-term success.

5. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Benefits and Challenges of Online Education". You should write at least 150 words but no

more than 200 words.

范文:

The Benefits and Challenges of Online Education

Online education has revolutionized learning in recent years, offering numerous advantages. It breaks down geographical barriers, making quality education accessible to students in remote areas. Learners can study at their own pace and schedule, balancing education with work and personal life. The variety of courses available online caters to diverse interests and learning styles.

However, online education also presents challenges. The lack of face-to-face interaction may hinder the development of social skills and the formation of deep teacher-student relationships. Self-discipline is essential for online learners, as distractions are abundant in home environments. Technical issues and unequal access to digital devices can create educational disparities.

To maximize the benefits of online education, institutions should design interactive courses with clear learning objectives. Students need to develop effective time management skills and create dedicated study spaces. A blended approach combining online and traditional classroom learning might be the most effective solution, providing flexibility while maintaining the benefits of in-person instruction.

6. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Role of Social Media in Shaping Young People's Values". You should write at least 150 words but no more than 200 words.

范文:

The Role of Social Media in Shaping Young People's Values

Social media has become a powerful force in shaping the values of today's youth. On one hand, platforms like WeChat and TikTok provide opportunities for global cultural exchange, exposing young people to diverse perspectives and ideas. They facilitate knowledge sharing and social activism, empowering youth to address social issues.

On the other hand, social media can promote superficial values focused on appearance, popularity, and instant gratification. The curated nature of social feeds often creates unrealistic expectations and comparison traps. Misinformation and biased content can distort young people's understanding of reality and influence their moral compass.

To navigate this complex landscape, young people need critical media literacy skills. They should learn to distinguish between authentic content and propaganda, develop independent thinking, and maintain balanced online-offline lives. Parents and educators should guide youth in using social media responsibly, helping them develop values based on substance rather than superficiality.

7. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Importance of Carbon Neutrality for Our Planet". You should write at least 150 words but no more than 200 words.

范文:

The Importance of Carbon Neutrality for Our Planet

Carbon neutrality - achieving net zero carbon emissions - has become an urgent necessity for our planet's survival. Climate change, driven by greenhouse gas emissions, is causing rising temperatures, extreme weather events, and biodiversity loss. Carbon neutrality is our best hope to mitigate these catastrophic effects and ensure a livable future.

Adopting carbon neutrality practices would transform industries, promoting innovation in renewable energy, circular economy, and sustainable transportation. It would create new green jobs and stimulate economic growth while protecting the environment.

Individuals also play a crucial role. Simple actions like reducing meat consumption, using public transportation, and conserving energy can contribute to the collective effort.

To achieve carbon neutrality, we need global cooperation, policy support, and technological breakthroughs. Every step toward this goal brings us closer to a healthier planet and a more sustainable future for generations to come.

8. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Value of Traditional Festivals in Modern Society". You should write at least 150 words but no more than 200 words.

范文:

The Value of Traditional Festivals in Modern Society

In today's fast-paced, technology-driven world, traditional festivals maintain their timeless value as cultural anchors. They connect us to our roots, preserving our cultural identity and passing down wisdom from generation to generation.

Traditional festivals like Spring Festival and Mid-Autumn Festival reinforce family bonds and community spirit, providing opportunities for meaningful gatherings in an increasingly isolated world. They offer moments of pause in our hectic lives, allowing reflection and gratitude.

Moreover, these festivals serve as platforms for cultural exchange, showcasing China's rich heritage to the world. They inspire creative expressions in art, music, and crafts, fostering cultural innovation while honoring tradition.

As we embrace modernity, we should cherish and celebrate our traditional festivals, ensuring they continue to evolve and remain relevant while preserving their core values. By doing so,

we maintain a vital link to our past while building a culturally rich future.

9. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Benefits of Reading Classics". You should write at least 150 words but no more than 200 words.

范文:

The Benefits of Reading Classics

Reading classical literature offers numerous benefits that contemporary works often cannot match. Classics provide profound insights into human nature and timeless wisdom, transcending cultural and temporal boundaries. They challenge readers to think critically and engage with complex ideas, fostering intellectual growth.

The language in classics is typically more refined and expressive than modern texts, helping readers develop a richer vocabulary and appreciation for linguistic beauty. By connecting us to our cultural heritage, classics deepen our understanding of history and the evolution of thought.

In today's digital age of superficial information and instant gratification, reading classics cultivates patience and concentration. It encourages deep, reflective thinking rather than passive consumption.

While modern works have their merits, integrating classical literature into our reading diet provides a balanced intellectual experience. By exploring the works that have shaped our civilization, we gain a broader perspective and a stronger foundation for understanding ourselves and the world around us.

10. Directions: For this part, you are allowed 30 minutes to write an essay titled "The Impact of Digital Payment on Our Daily Lives". You should write at least 150 words but no more than 200 words.

范文:

The Impact of Digital Payment on Our Daily Lives

Digital payment systems like WeChat Pay and Alipay have revolutionized how we conduct transactions in daily life. Their convenience is unparalleled - with just a smartphone, we can pay for goods, transfer money, and access various services instantly.

This transformation has not only simplified our lives but also brought significant economic benefits. Digital payment has increased transaction efficiency, reduced cash handling costs, and enhanced financial transparency. It has facilitated e-commerce growth and enabled financial inclusion for previously underserved populations.

However, digital payment also raises concerns about privacy and security. The collection and analysis of personal financial data by tech companies could potentially lead to information leaks or misuse. Dependence on digital systems also creates vulnerabilities during technical failures or network outages.

To maximize the benefits while minimizing risks, users should maintain awareness of privacy settings and security practices. Regulatory frameworks must evolve to protect consumer rights in the digital financial landscape. By striking this balance, we can enjoy the convenience of digital payment while safeguarding our financial security and privacy.

| (注: 文档部分内容可能由 AI 生成)